

LAGUNA HILLS HIGH SCHOOL
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1st ANNUAL LAGUNA HILLS HIGH SCHOOL INVITATIONAL WRESTLING TOURNAMENT

LOCATION	Laguna Hills High School
DATE	Saturday December 16, 2023
WEIGH-INS	6:30-8:00 AM in the small gym. Wrestlers will be checked for skin disorders at weigh-ins. Tournament director has final authority regarding skin disorders. If your wrestlers have ringworm, impetigo, etc., please leave them home.
FORMAT	16-man bracket. Double Elimination.
WEIGHT CLASSES	CIF weights: 102, 107, 112, 117....
WRESTLING	Wrestling will be done on four mats. We will wrestle straight through until finished.
WRESTLING BEGINS	10:00 AM
EXTRA WRESTLERS	You can bring extras and we will try to work them into the bracket. No guarantees. Call me as the tournament approaches for more info regarding extras.
SEEDING MEETING	8:15 AM in room P-16. Every school must have a coach present to seed their wrestlers!
AWARDS	Team trophies 1st, 2nd, 3rd. Individual medals 1st, 2nd, 3rd, 4th. Outstanding upper and lower weights.
ENTRY FEE	\$375 per team (7+) \$30/wrestler (6 or less). Make checks payable to Laguna Hills Wrestling.
CONCESSIONS	A full concession stand will be available throughout the tournament for your convenience.
CONTRACTS	Please complete and return the contract ASAP (email to brian.notch@svusd.org is best)
REGISTER	REGISTER: Trackwrestling Link will be sent By Friday, December 15th, 2023 @ 8:00PM (You can make changes at weigh-ins)
CONTACT	Brian Notch (602) 309-9943 (Cell) Please do not hesitate to call if you have any questions.